

☆ Federal Funds Effective Rate (FF)

Observations ▾

2025-09-17: **4.33**  
Updated: Sep 18, 2025 3:16 PM CDT  
Next Release Date: Sep 24, 2025

Units:  
Percent,  
Not Seasonally Adjusted

Frequency:  
Weekly,  
Ending Wednesday

1Y | 5Y | 10Y | Max  
1954-07-07 to 2025-09-17

Edit Graph   
Download 

**FRED**  — Federal Funds Effective Rate



今回の主題：  
中立金利

# Miran: Neutral rate is falling, and Fed needs to accommodate it

By Howard Schneider

September 23, 2025 1:57 AM GMT+9 · Updated September 23, 2025



## ミラン理事の主張：

移民政策、関税政策、税制法案等の政策により、米国の経済環境が大きく変化したことによって、名目中立金利は2%から2.5%程度にある

投資家にとって重要な事：

FRBの中立金利、金融市場が考える中立金利がどう変動していくか、どの水準にあるのかを理解すること



[Join us](#)

[Sign in](#)

ECONOMIC GROWTH

# What is the neutral interest rate and why is it in focus?

Mar 5, 2024

なぜ中立金利は重要なのか：

FRBがどこまで政策金利を下げるかを把握  
することができるから

中立金利とは：

景気を過熱も減速もさせない金利の水準

※ここでは名目ベース



中立金利とは：

中立金利 < 政策金利 = 景気抑制的

中立金利 > 政策金利 = 景気刺激的

中立金利とは：

最終的にFRBは、政策金利を、景気を過熱も減速もさせない中立金利に置くことになる

# FEDS Notes

---

*November 28, 2016*

## The Neutral Rate and the Summary of Economic Projections

Michelle Bongard and [Benjamin K. Johannsen](#)

Percent

| Variable                                | Median <sup>1</sup> |      |      |      |            |
|-----------------------------------------|---------------------|------|------|------|------------|
|                                         | 2025                | 2026 | 2027 | 2028 | Longer run |
| Change in real GDP                      | 1.6                 | 1.8  | 1.9  | 1.8  | 1.8        |
| June projection                         | 1.4                 | 1.6  | 1.8  |      | 1.8        |
| Unemployment rate                       | 4.5                 | 4.4  | 4.3  | 4.2  | 4.2        |
| June projection                         | 4.5                 | 4.5  | 4.4  |      | 4.2        |
| PCE inflation                           | 3.0                 | 2.6  | 2.1  | 2.0  | 2.0        |
| June projection                         | 3.0                 | 2.4  | 2.1  |      | 2.0        |
| Core PCE inflation <sup>4</sup>         | 3.1                 | 2.6  | 2.1  | 2.0  |            |
| June projection                         | 3.1                 | 2.4  | 2.1  |      |            |
| Memo: Projected appropriate policy path |                     |      |      |      |            |
| Federal funds rate                      | 3.6                 | 3.4  | 3.1  | 3.1  | 3.0        |
| June projection                         | 3.9                 | 3.6  | 3.4  |      | 3.0        |

FRBの考える中立金利：

FOMCメンバー全員が、適正な中立金利は  
3%であると、考えているわけではない

Percent

| Variable                                | Median <sup>1</sup> |      |      |      |            | Central Tendency <sup>2</sup> |         |         |         |            | Range <sup>3</sup> |         |         |         |            |
|-----------------------------------------|---------------------|------|------|------|------------|-------------------------------|---------|---------|---------|------------|--------------------|---------|---------|---------|------------|
|                                         | 2025                | 2026 | 2027 | 2028 | Longer run | 2025                          | 2026    | 2027    | 2028    | Longer run | 2025               | 2026    | 2027    | 2028    | Longer run |
| Change in real GDP                      | 1.6                 | 1.8  | 1.9  | 1.8  | 1.8        | 1.4–1.7                       | 1.7–2.1 | 1.8–2.0 | 1.7–2.0 | 1.7–2.0    | 1.3–2.0            | 1.5–2.6 | 1.7–2.7 | 1.6–2.6 | 1.7–2.5    |
| June projection                         | 1.4                 | 1.6  | 1.8  |      | 1.8        | 1.2–1.5                       | 1.5–1.8 | 1.7–2.0 |         | 1.7–2.0    | 1.1–2.1            | 0.6–2.5 | 0.6–2.5 |         | 1.5–2.5    |
| Unemployment rate                       | 4.5                 | 4.4  | 4.3  | 4.2  | 4.2        | 4.4–4.5                       | 4.4–4.5 | 4.2–4.4 | 4.0–4.3 | 4.0–4.3    | 4.2–4.6            | 4.0–4.6 | 4.0–4.5 | 4.0–4.5 | 3.8–4.5    |
| June projection                         | 4.5                 | 4.5  | 4.4  |      | 4.2        | 4.4–4.5                       | 4.3–4.6 | 4.2–4.6 |         | 4.0–4.3    | 4.3–4.6            | 4.3–4.7 | 4.0–4.7 |         | 3.5–4.5    |
| PCE inflation                           | 3.0                 | 2.6  | 2.1  | 2.0  | 2.0        | 2.9–3.0                       | 2.4–2.7 | 2.0–2.2 | 2.0     | 2.0        | 2.5–3.2            | 2.2–2.8 | 2.0–2.4 | 2.0     | 2.0        |
| June projection                         | 3.0                 | 2.4  | 2.1  |      | 2.0        | 2.8–3.2                       | 2.3–2.6 | 2.0–2.2 |         | 2.0        | 2.5–3.3            | 2.1–3.1 | 2.0–2.8 |         | 2.0        |
| Core PCE inflation <sup>4</sup>         | 3.1                 | 2.6  | 2.1  | 2.0  |            | 3.0–3.2                       | 2.5–2.7 | 2.0–2.2 | 2.0     |            | 2.7–3.4            | 2.2–2.9 | 2.0–2.4 | 2.0–2.2 |            |
| June projection                         | 3.1                 | 2.4  | 2.1  |      |            | 2.9–3.4                       | 2.3–2.7 | 2.0–2.2 |         |            | 2.5–3.5            | 2.1–3.2 | 2.0–2.9 |         |            |
| Memo: Projected appropriate policy path |                     |      |      |      |            |                               |         |         |         |            |                    |         |         |         |            |
| Federal funds rate                      | 3.6                 | 3.4  | 3.1  | 3.1  | 3.0        | 3.6–4.1                       | 2.9–3.6 | 2.9–3.6 | 2.8–3.6 | 2.8–3.5    | 2.9–4.4            | 2.6–3.9 | 2.4–3.9 | 2.6–3.9 | 2.6–3.9    |
| June projection                         | 3.9                 | 3.6  | 3.4  |      | 3.0        | 3.9–4.4                       | 3.1–3.9 | 2.9–3.6 |         | 2.6–3.6    | 3.6–4.4            | 2.6–4.1 | 2.6–3.9 |         | 2.5–3.9    |

中立金利に関する個人的見解：

金融市場が、ましてや株式市場が適正な  
中立金利について、詳細に議論し、織り  
込んでいるとは到底思えない

中立金利に関する個人的見解：

では何を織り込むのか  
それは期待できる利下げ幅である



FEDERAL RESERVE

# Fed's Miran Says Rates Should Be 2 Points Lower, Explains Dissent

By [Nicole Goodkind](#) [Follow](#)

Updated Sept 22, 2025, 2:40 pm EDT / Original Sept 22, 2025, 12:05 pm EDT



Reprints



Gift unlocked article



# And the next Fed chair is? Trump's short list

By Reuters

September 6, 2025 5:10 PM GMT+9 · Updated September 6, 2025



**The Fed:** [Quarter Point Cut](#) | [Key Takeaways](#) | [Inflation](#) | [Lisa Cook](#) | [Dot Plot Explained](#)

Politics

## Bessent Suggests Powell Should Leave Fed Board in May

# The Federal Reserve as a “Political” Institution

BY: Sarah A. Binder

[← BACK TO TABLE OF CONTENTS](#)

SHARE: [!\[\]\(e78f798d4ea5c530c9db49e7d26e6b95\_img.jpg\)](#) [!\[\]\(034433b90593e82e5460e34e3ed48e9b\_img.jpg\)](#) [!\[\]\(5f24500834b50a8307ffe63e419281a9\_img.jpg\)](#) [!\[\]\(8502790a2fc8970abb55aa7f7a7a6bae\_img.jpg\)](#)

When the Federal Reserve celebrated its centennial in December 2013, it bore only passing resemblance to the institution created by Democrats, Progressives, and Populists just a century before. In the wake of the devastating Panic of 1907, a Democratic Congress and President Woodrow Wilson enacted the Federal Reserve Act of 1913, overcoming Americans’ long-standing distrust of a national bank. As its name